



Health Policy

6.4 Nappy changing and toileting

Policy statement

No child is excluded from participating in our provision who may, for any reason, not yet to be toilet trained and who may still be wearing nappies or equivalent. We work with parents toward toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathrooms provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Intimate Care Tasks

This covers any tasks that involves in dressings and undressing, washing including intimate parts, helping someone to use the toilet, changing nappies or carrying out a procedure that requires direct or indirect contact to an intimate personal area.

Procedures

- Parents should supply a sufficient quantity of nappies for each session and these will be kept in the child's bag.
- Key persons check with parents if their children have personalised changing times, if parents wish to supply this, for the young children in their care who are in nappies or 'pull ups' but nappy changing and toileting also occur as required.
- The changing area is in the cloakroom and children are laid on a changing mat
- Gloves and aprons are available for putting on before changing starts, if staff require, and the areas are prepared. Paper towel is put down on the changing mat freshly for each child. Heater to be on as required.

- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the facilities.
- Potties and trainer seats are also available to suit the children's own preferences.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and soap.
- Staff are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Children having their nappies changed are afforded privacy from other children by timing it so that other children are generally not around, although other children may use this area if they need to get to the toilet at the same time.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parents to take home.
- If young children are left in wet/soiled nappies/ pull ups in the setting this may constitute neglect and will be a disciplinary matter. Settings have a duty of care towards children's personal needs.
- Children just out the nappies should have a change of clothes in case of accidents.
- We now use Tapestry as a way of communicating to the parents, so we will notify you when we change your child on Tapestry however we do have a duplicate book which nappy changes, clothes changed following accidents and any intimate care is recorded as a back up to Tapestry. Top copy to

parents/carers. Duplicate kept in book. The record is to be kept in a secure place out of session time.

This policy was adopted at a meeting of	Widecombe Pre-School	(n a m e o f provider)
Held on		(date)
Date to be reviewed	2023	(date)
Signed on behalf of the management committee		
Name of signatory	Penny Cartwright	
Role of signatory (e.g. chair/owner)	Manager	